

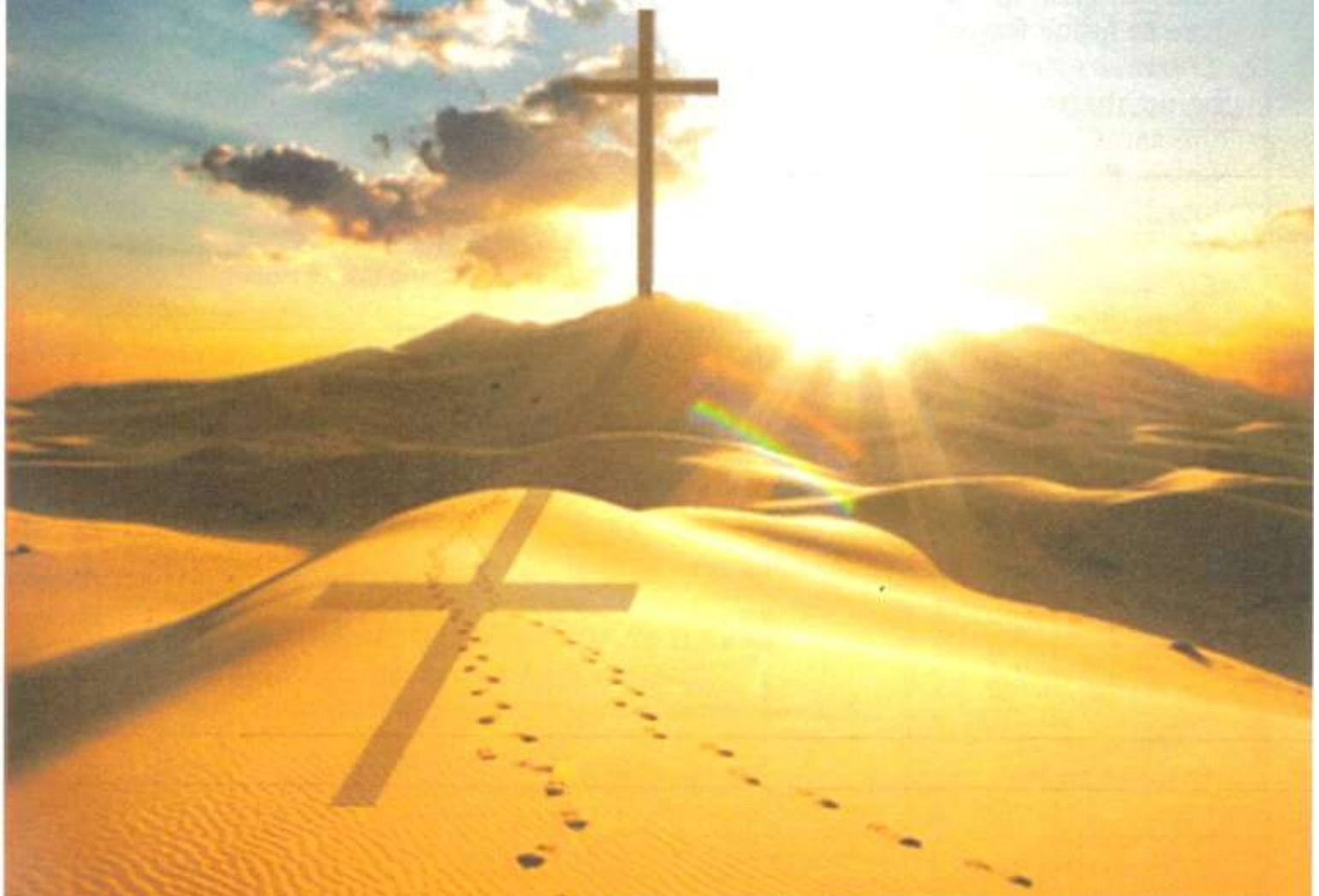
The Follower

A Weekly Newsletter of The Trezevant Church Of Christ

VOLUME 02 APRIL 1, 2012 NUMBER 14

Matthew 16:24

"Then Jesus said to his disciples,
If any [man] will come after me
let him deny himself and take his
cross, and **follow me**"



Trezevant
Church Of Christ
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What Must I Do To Be Saved?

- We must hear the word of God. (Romans 10:17)
- We must believe the Word of God. (Hebrews 11:6; John 3:16; Mark 16:15-16)
- We must repent of our sins. (Luke 13:3; Acts 2:38)
- We must confess Christ before men. (Matthew 10:32-33; Romans 10:9-10)
- We must be immersed for the remission of our sins. (Acts 2:38; 22:16; 1 Peter 3:21)
- We must live faithfully until death. (Revelation 2:10; Romans 12:1-2)

How to Reduce the Risk of Heart Attacks

Dick Marcear

Would you believe the answer is, "Attend church"? Now, I know what you are saying, "Preachers will do anything to get people to come to church." Right? Wrong! This information came from the *International Journal of Cardiology*.

In the little paper, *Bottom Line* (February 15, 1987), the following article appeared: "Religious faith wards off heart attacks. Recent discovery: Nonreligious people have a heart attack risk two and a half times higher than that of religious people—regardless of serum cholesterol or blood pressure levels."

How could that be? I am not a doctor but I have a few ideas.

1. *Christians Do Not Have To Live With Guilt.* As a child of God I can know that the blood of Jesus continues to keep me pure every day (1 John 1:7). Even though I foul up, I can live with confidence knowing I am safe in the arms of my Lord. I am free to enjoy forgiveness.
2. *Christians Are A Part Of A Loving Family—The Church.* In a day when families are being shattered by divorce, alcoholism, and death, I have something that remains the same. My family, the church, remains to help me make it through the worst of times. Redwood trees have been able to survive the centuries because their roots interlock with others. In the church I am able to have support, love, understanding, and a family, whether my physical family survives or not.
3. *Christians Do Not Have To Fear Death.* That fear has kept us in bondage all our lives—till Jesus came (Heb. 2:14–15). We know that we will be resurrected, our bodies changed from physical to spiritual, and we will live forever with God. David said, "Though I walk through the valley of the shadow of death I will fear no evil, for thou art with me." (Psa. 23:4).

Want to avoid a heart attack? See you in church Sunday.

Roebuck Parkway Reminde

Cards Needed!

(Encouragement)

Ann Ford
1610 Ford Road
McKenzie, TN 38201

Jay Rogers
36 Vaughns Grove Road
Trenton, TN 38382

All our sick/shut ins
would appreciate a card
of encouragement.

Care Group Corner

(Encouragement through Care)

Check your care group...Is anyone missing?

PUNCTURE-PROOF HEART

I like some of these newfangled inventions. The puncture-proof tire is one I like especially well. If you are driving along with ordinary tires and a nail goes through one of them, whis-s-s you lose all the air. But a puncture-proof tire is different - - if a nail goes through, there is some stuff inside that runs around and stops the hole and the air stays in.

The heart of a Christian is like that puncture-proof tire. An ordinary heart may be filled with love; but when someone does something to puncture that heart, all the love runs out and hatred and hard feelings take its place. But a puncture-proof heart is different.

It is filled with the spirit of Christ; and when someone, through their words or deeds - - punctures that heart, immediately the hole is stopped up tight and love stays in.

MARSHALL KEEBLE

BIRTHDAYS & ANNIVERSARIES

Birthdays: April 5-Piper De Priest, 11-Ben Parker, 19-Mandy Bryant, 24-Kay Greenway, 30-Jennifer Hall.

Anniversaries: April 12-David & Pam Bryant, 20-Charles & Jackie Sue Foster.

HEALTH WATCH

Sick this past week: **Norris De Priest, Christine Aden, Ann Ford.**

Charles Foster's sister, **Judy Robinson** was diagnosed with ovarian cancer.

Benjie Lawrence's aunt, **Liz Simms** has a mass on her lung.

Helen Pinson had to enter the hospital this past week due to her blood pressure.

Jay Rogers spent 3 days in St. Jude due to a fever and low blood pressure.

SHUT-INS & NURSING HOME

Annie Lee Hall, Billy Bennett, Helen Pinson, Horace Ray Coleman, Glenda Rogers, Betty De Priest.

PRAYER LIST

Glen Morgan, Leon Purvis, Lois Arrington, Jeff Bell & family (Preacher at Union City), Judy Garrard, Norma Garner, Ruth Bennett, Josie Plunk, Sherry Parker, David King, John David Presson, Rena Arrington, Jerry & Betty De Priest, Reitha Martin, Zach Crider. **CANCER:**

Judy Robinson, Donald Kelly, Charles D. Akins (Nephew of La Verne Belew), Ann Spain, Becky Bledsoe, Bobby Giles, Linda Bynum, Ruby Fesmire, Natalie Jackson, Sherry (Argo) Stout, Tolbert Ray, Gail Pritchard, Mary Wilson, Jay Rogers, Dwayne Bateman, James Green, CJ Wachsmuth, Joey Anderson, Pat Schneider, Samantha Wallace, Beth Ann Potter, Jerry Martin, Vickie Foster, Josie Plunk.

MILITARY: Troy Pollack

☞ **Let's continue to remember our men and women in the military.**

REQUEST PRAYERS

We rejoice with **Dale Ballentine**. Dale came forward this past Sunday requesting the prayers of the Church.

His desire was to be reunited with God. Let's all encourage Dale as he rededicates his life to God.

Pantry Item: Peanut Butter

	<u>Last Week's Record</u>	<u>Goals</u>
Bible Study:	57	75
Worship AM:	67	101
Worship PM:	54	75
Wednesday:	56	75
Contribution	\$1,481.00	\$1,650.00

Invite A Friend To Worship!

MARK YOUR CALENDAR

April 1st- Elders and Deacons Meeting at 3:00pm.

April 1st-4th- Gospel Meeting at the Obion Chapel church of Christ. Sunday 10 & 11am-Ernest Pounds; Sunday 7pm-Dean Adams; Monday 7pm-Rex Buford; Tuesday 7pm-Tim Rogers; Wednesday 7pm-John Forgy.

April 4th- Wednesday night singing.

April 8th- Afternoon fellowship meal followed by our evening services.

April 8th- Jay Rogers will be speaking at the Independence church of Christ. Evening service.

April 15th- Conduct services at the Mckenzie Rest Home. 2:00pm

April 29th- Conduct services at the Huntingdon Rest Home. 2:00pm.

May 2nd- Wednesday night singing.

May 6th- Elders & Deacons Meeting at 3:00pm.

May 13th- Afternoon fellowship meal followed by our evening services.

June 3rd-Elders & Deacons Meeting at 3:00pm

June 6th- Wednesday night singing.

June 8th -9th - Diana Singing.

June 10th-Family & Friend Day.

June 10th- Afternoon fellowship meal followed by our evening services.

June 25th- SYS at Trezevant. Topic: "Who is on the Lord's side?" Exodus 31:1-35 (A lesson on morality.)

July 27th- Trezevant Annual Singing.

August- VBS

August 26th-29th- Fall Gospel Meeting. Tony Taylor will be the speaker.

September 15th- 10th Annual Fall Festival at Potter Children's Home. For more information (270)843-3038.

Wednesday Night Devotionals!

Terry Hall - April 4

Tim Rogers - April 11

Mark Wright - April 18

Dale Aden - April 25

David Brasher - May 2

Tim Rogers - May 9

Norris De Priest - May 16

Charlie Wachsmuth - May 23

Steve Foster - May 30

Sunday Morning	April 1, 2012 9:00 am	April 8, 2012 9:00 am
Power Point	Mark Wright	Mark Wright
Greet	Sherrill & Wanda	Sherrill & Wanda
Announcements	Dale Aden	Dale Aden
Song Leader	Keith Peevyhouse	Keith Peevyhouse
Scripture Reading	David Bryant	Terry Hall
Opening Prayer	Tim Rogers	David Brasher
Preside - Table	Charlie Wachsmuth	Charlie Wachsmuth
Preside - Table	Greg McClain	Greg McClain
Table	Joshua Brasher	Joshua Brasher
Table	Nick Bryant	Nick Bryant
Table	Norris De Priest	Norris De Priest
Table	Sherrill Smith	Sherrill Smith
Closing Prayer	Jimmy McClain	John Henry Long
Sunday Night	April 1, 2012 5:00 pm	April 8, 2012 5:00 pm
Song Leader	David Bryant	David Bryant
Opening Prayer	Nick Bryant	Greg McClain
Scripture Reading	Keith Peevyhouse	William Moore
Table	Charlie Wachsmuth or Greg McCain	Charlie Wachsmuth or Greg McCain
Closing Prayer	Garrett Wright	Joshua Brasher
Wednesday Bible Study	April 4, 2012 7:00 pm	April 11, 2012 7:00 pm
Opening Prayer	Charlie Wachsmuth	Dale Aden
Devotional	Terry Hall	Tim Rogers
Closing Prayer	Zac Chrisman	Norris De Priest

WELCOME TO OUR SERVICES**SUNDAY**

Bible Study 9:00a.m.

Worship 10:00a.m.

Evening Worship 5:00p.m.

WEDNESDAY

Bible Study 7:00p.m.

"Bible Classes For All Ages"

COME WORSHIP WITH US

We welcome all our visitors and invite
you to attend at every opportunity.

Church Mailing Address: P.O. Box 174

New Web Site: www.trezevantchurchofchrist.org

ELDERS

Steve Foster

Home (731)669-9520 Cell (731)225-4395

Charlie Wachsmuth

Home (731)669-3301 Cell (901)846-9307

DEACONS

Dale Aden

Home (731)352-9208 Cell (731)415-1161

David Brasher

Home (731)987-2221 Cell (731)415-0636

Mark Wright

Home (731)669-4471 Cell (731)571-5606

MINISTER

Tim Rogers

Home (731)855-8165 Cell (731)415-1410

Email: trogers@trentonlw.com**MISSION WORK**

Dorian Flynn & Partners 4 Africa

I Am A Christian

When I say. . . "I am a Christian!" I'm not shouting "I'm clean livin" I'm whispering
"I was lost, Now I'm found and forgiven."

When I say. . . "I am a Christian!" I'm not just speaking of this with pride. I'm
confessing that I stumble and need CHRIST to be my guide.

When I say. . . "I am a Christian!" I'm not just trying to be strong. I'm professing
that I'm weak and need HIS strength to carry on.

When I say. . . "I am a Christian!" I'm not bragging of my success. I'm admitting I
have failed and need God to clean my mess.

When I say. . . "I am a Christian!" I'm not claiming to be perfect. My flaws are far too
visible but, God believes I am worth it.

When I say. . . "I am a Christian!" I still feel the sting of pain. I have my share of
heartaches so I call upon HIS name.

When I say. . . "I am a Christian!" I'm not holier than thou, I'm just a simple sinner
who received God's good grace, somehow.